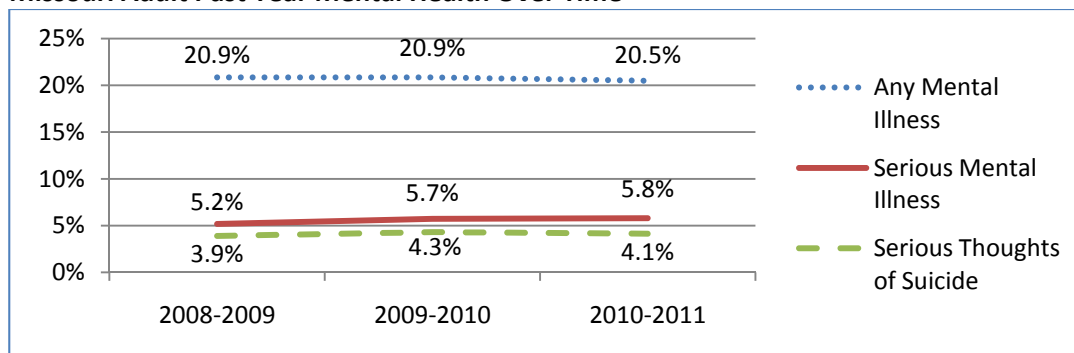


Missouri's Adult Past Year Mental Health...



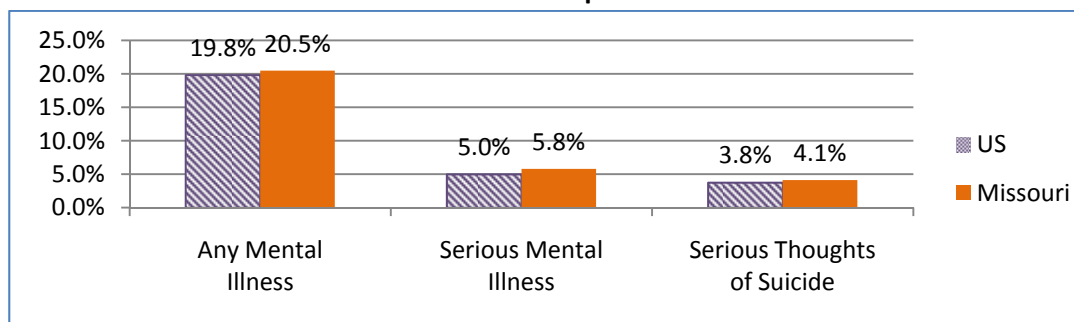
- ✚ This brief uses data from the National Survey on Drug Use and Health to provide an overview of past year mental health of adults (18+), including comparisons to prior years¹ and a comparison to the current national data.
- ✚ Approximately 1 in 5 Missourians have had some form of mental illness² in the past year. Slightly over 5% qualify as having serious mental illness while less than 5% have had serious thoughts of suicide.
- ✚ Reported rates of mental illness and suicidal thoughts have remained relatively stable over the past few years.

Missouri Adult Past Year Mental Health Over Time



- ✚ Missourians have rates of mental illness and suicidal thoughts that are similar to the national average.

Missouri Adult Past Year Mental Health as Compared to the US Rates



For more information please contact the BHEW at 314-877-5942 or susan.depue@mimh.edu

¹ In order to have a sufficient sample size, the NSDUH uses two year estimates to provide state level data.

² Per SAMHSA the category of 'any mental illness' are those who have "the presence of any mental, behavioral, or emotional disorder in the past year that met DSM-IV criteria. Among adults with a disorder, those adults whose disorder caused substantial functional impairment (i.e., substantially interfered with or limited one or more major life activities) are defined as having serious mental illness (SMI)".